

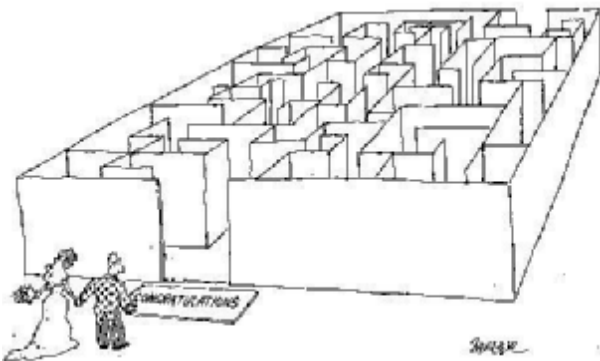
## About Ms. Doreen Van Leeuwen:

She is a licensed Marriage and Family Therapist in California, with twenty-five years of experience helping individuals, couples and families find more rewarding relationships. She is also a Certified Imago Relationship Coach and has been president of the Southern California Imago Therapists for three years.

Her warm and relaxed style, coupled with extensive personal and professional training make her a gifted therapist. She is a lifelong Christian. Her counseling specialties include: marital/partner therapy; stepfamily counseling; helping singles prepare for a lasting relationship; overcoming depression; parenting (plenty of experience with three daughters of her own) and anger management.

Ms. Van Leeuwen is available for appointments during daytime hours Monday - Friday and two weekends per month (Friday through Sunday) Early morning and evening hours are often available if needed to fit your schedule. Fees are \$90.00 per 45-minute session; \$145 per 75-minute couples session. She accepts insurance, or, if needed, offers a courtesy discount for those who don't carry insurance.

Give her a call. You'll be glad you did.  
**951-353-8000**



**A Better Way Counseling**  
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# Imago Relationship Coaching

*Just Maybe. . . .*

Maybe you're in a relationship wondering:

- What happened to the person I fell in love with?
- Can I recreate that joyful "falling in love" feeling and make it last?
- It hurts to stay, and hurts to think about leaving, so what can we do?
- Why is it so hard to talk about important stuff?
- How can I get my partner to listen to me?
- How can we get over an affair?

Maybe you're preparing for marriage wondering:

- Will this really last?
- Will he or she change?
- Will our love evaporate leaving us with nothing but hurt?
- How can I know this is right for me?

Maybe you're looking for the right one wondering:

- Will I ever find "the one" and how will I know?
- Why haven't my prior ones lasted?
- How can I keep from getting hurt again?

**OFFERED BY:**

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# Imago Relationship Coaching

Maybe you have experienced it. It's that cycle, beginning with falling in love, and that energizing transformation in you. But sooner or later, this great feeling is replaced with frustration, anger and a sense of betrayal for "yielding to love." In response, you try to force your partner into giving you the love you want and need.

Have you used criticism, withdrawal, nagging, shaming, silence, intimidation, threats of leaving and tears to get your partner's attention? You are not alone! Some people stay in this painful struggle for years, until they reach the breaking point, which usually ends in breaking up.

There is another alternative! While love alone may not be enough to keep your relationship fulfilling, you can have the joy and passion you so deeply desire with your beloved.

What works? Imago Relationship Coaching can help you keep your current intimate relationship rewarding, or prepare you to succeed in your next one.

Romantic love is how our unconscious seeks to discover or restore the feelings of joyful aliveness that we had, or should have had, as a child. For this to happen, we are unknowingly attracted to people who resemble our childhood caretakers. They must have some of both the positive *and negative* personality traits. This attraction is called an "Imago match." The word 'Imago' comes from the Latin word for image.

If the other is attracted to us, then there's a good chance we have many positive and negative attributes of the other's caretakers, too. Our relationship gets rocky when our "positive traits" wear off and our "negative traits" take the stage.

That's when we become confused, disappointed and frustrated, wondering if we made a tragic mistake in our choice of partner.

The good news is that everything needed for healing and growth lies in the very frustrations with your partner! It's paradoxical, but only in this conflicted relationship can each person become aware of and consciously pursue the kind of change that brings growth, maturity, and joy to yourself and to your partner.

Imago Theory states that conflict and frustration is connection trying to happen. Imago relationship coaches know just how to encourage that connection to take place.

Imago Relationship Coaching provides the safety that is so often absent when partners discuss frustrating issues. The structure and process of Imago Coaching allow the emotional bonds that initially formed in romantic love to reshape into passionate and enduring love. It may easily exceed your dreams!

Doreen will gently and deftly coach you into new connection. In the beginning, some of your communication will feel forced and artificial. Remember how awkward and self-conscious you felt learning something new, like riding a bicycle, or dancing, or learning to drive a car, or even your first kiss? It didn't feel natural, and you had to concentrate on every move. But with practice, and perhaps coaching, you mastered it.

She is a trustworthy and reliable guide who is committed to supporting you until the principles and skills become second nature for you. Call Doreen today to begin your "make-over" taking you to a romance that is passionate and fulfilling!

## What You Can Expect

In your first session with your partner you may feel apprehensive. You will soon notice the safety of the session as Your Imago Coach explains the structure of therapy to you. It will include:

- Skills to help you dissolve conflicts and substantially increase joy with your partner.
- Coaching that makes your communication safer.
- Homework assignments designed to help you share valuable information with your partner.
- A recommended commitment to a minimum twelve sessions.
- Referral to a Getting The Love You Want or Keeping The Love You Find Workshops
- Recommendation to read [Getting The Love You Want](#) (for couples) or [Keeping The Love You Find](#) (for individuals).

## How did Imago start?

This worldwide effort is an outgrowth of the foundational work developed by Harville Hendrix, PhD and his wife Hellen LaKelly Hunt, PhD. They have co-authored numerous books, including: *Getting the Love You Want: A Guide For Couples*, *Keeping The Love You Find: A Personal Guide*, and *Giving The Love That Heals: A Guide For Parents*, and three companion books of meditation and exercises. These writings have been translated into over 50 languages and have sold over 2 million copies.

Harville and Helen have launched Imago Relationships International (IRI), a nonprofit organization whose mission it is to spread principles for communication that are *known* to produce greater connection, and to promote peaceful communities in families, neighborhoods, schools, workplaces, cities, states, nations, and throughout the world.

As of 2005, this effort is supported by 1900 therapists practicing Imago Relationship Therapy, and 160 Certified Imago Workshop Presenters in over 25 countries. More information can be found by calling IRI at 800-729-1121 or searching online at [www.ImagoRelationships.org](http://www.ImagoRelationships.org).